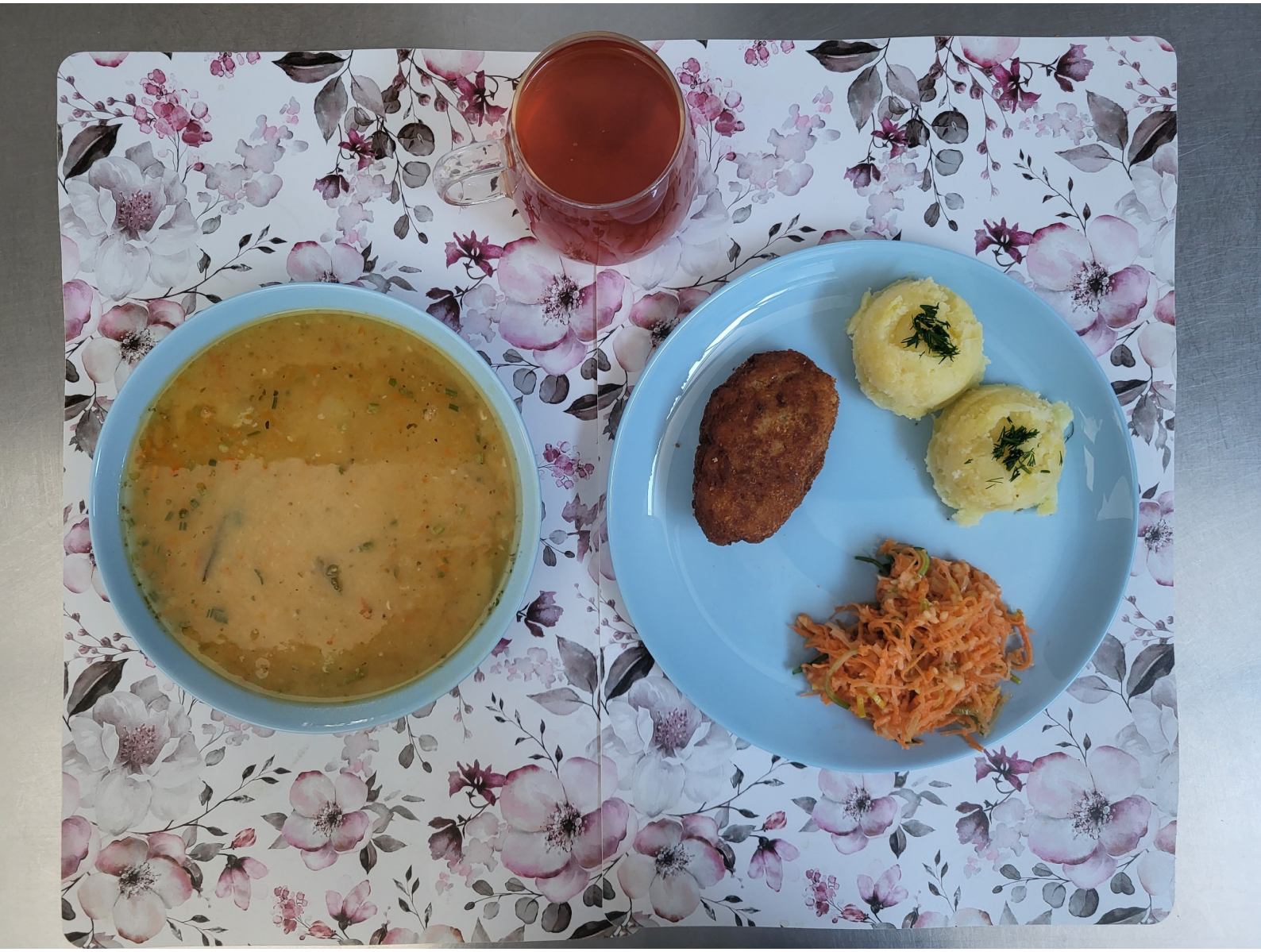
Śniadanie
Dieta łatwostrawna

Obiad
Dieta podstawowa